

Calling all horse girls . . .

Ages 12-16



Do you **need** horse time? Do you feel better about life after being at the barn? Can you relax more with horses or other animals than with people?

If YES, join in this winter for a special opportunity:

Horsemanship-Humanship Group

Learn to listen as the horses speak to you. Learn to speak their language in return. Discover what our horse friends have to teach us about each other and ourselves as we enjoy a human "herd" of like-minded horse people.

Unmounted activities ♦ No horse experience necessary ♦ Classroom, barn, and arena

- Saturdays 2-4:30pm: Jan 16, 23, 30, Feb 6, 13, 20 (Makeup week Feb 27)
- Offered by LTR through North Light Coaching (www.northlightcoaching.com), facilitated by Allison Goldfarb (LTR Instructor and Equine Gestalt Coach).
- \$115/week, \$625 (pay for whole session up front and save \$65); check or electronic payment to North Light Coaching, LLC
- This is a closed group and spaces are limited. Once you enroll, we ask that you commit for the whole 6-week session. We will meet, regardless of weather, as long as driving is safe.
- Questions/RSVP to Allison: allison@northlightcoaching.com or 703-727-2607.



NORTH LIGHT COACHING
FIND YOUR TRUE NORTH

Location: Loudoun Therapeutic Riding at Morven Park
41580 Sunday Morning Ln, Leesburg, VA 20176

