



HORSEPOWER

August 2023

Saddle Up and Go!

**"Breathe in the sweetness that hovers
in August."**

~ Denise Levertov

This month, we've been ON THE MOVE! From our community outreach with the Middleburg Community Center when the Secretariat monument came to town, to hosting events such as the TRAV Education Day, to gearing up for our Heroes First Fair, Ride-A-Thon and Walk, Trot, DeCanter, we've been busy!



Second Annual Heroes First Fair, September 17th from 2-5 pm!

With support from Northrop Grumman and the Lovettsville Ruritans, we will open our doors to showcase our therapeutic equine-assisted services and the services of other Veterans' organizations.

Explore resources for veterans, support veteran owned businesses, and come see our beautiful facilities where we provide equine-assisted services to veterans in need.

Music by Chris Ellinghaus, beer from One Family Brewing and yummy food will keep you entertained as you learn more about these amazing resources.

This event is open to all members of the community, free to attend, and



Costume Ride October 28th!

You are invited to raise funds to support LTR where the Magic Happens!

This year's theme will be *The Magical Kingdom of LTR*. Current riding students who raise \$150 can participate in a costumed ride that features themed areas from your favorite childhood films! **Costume Ride entries due Friday, October 13th.**

We will also be giving out **SIX bi-weekly prizes** to those who **raise the most dollars or solicit the most donors** over the course of Ride-A-Thon, so let the fundraising begin!



Come one, Come all! Walk, Trot, Decanter

October 14 from 4:30—7 pm

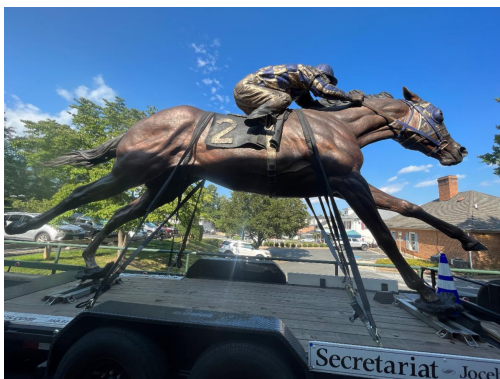
Featuring **Nashville Recording Artist Templeton Thompson** who is a talented horsewoman too! We look forward to her meeting the herd here at LTR with an abundance of love, trust and respect.

She sings of horses, healing and hope. She is the Hippie Chic Cowgirl. Templeton is native of Poolesville, MD and played polo, fox hunted and galloped racehorses before embracing her inner cowgirl. Her warmth and vitality are contagious and she lives by the motto, “Dream Big, Work Hard, Have Faith”

Join us to watch the sunset on a Saturday evening here at the farm. Take the opportunity to bring your friends and family to LTR and bring a picnic, lawn chairs and a blanket.

Early bird \$20/carload until 9/14, \$40/carload thereafter. We will have wine available for purchase. Register for the event [here](#).

Secretariat Event Recap



The Secretariat Welcome Party was a huge success! We are very grateful to **Kate Tweedy, LEEANNE LADIN, Wayne Dementi, Jocelyn Russell and her husband Michael Russell** for making the first stop back in Virginia with giant Secretariat sculpture at the Middleburg Community Center on August 8th.

Many thanks to **David Greenhill**, who supplied the charcuterie and wine for the event. Approximately 70 people attended including **Congresswoman Jennifer Wexton**. Thank you to **Olivia Rogers at Middleburg Community Center**, **Daniela Anderson** for providing sweets and pretzels and **Rick Crowe of DC Prime** for providing shrimp cocktail.

Tatiana Beauclair and **Elena Fugate** spearheaded much of the marketing and coordination for the event. Grateful to all who attended the party and to the 100 people who came to the movie following the reception.

Our sponsors included the **Town of Middleburg**, **Jodie and Reggie Howard**, **Kim Partoll**, **Bruce Smith** and **Rene & Lauren Woolcott**. We also appreciate the volunteers that helped make this happen: **Beth Mcconagle**, **Beth Czerwinski**, **Susan McMunn**, **Kathleen Giusti**, **Scott Fuller** and **Karen Rarick**.

IN STRIDE SOCIETY



Are you In Stride with LTR?

Join us *In Stride* by pledging a monthly recurring donation, and we take it from there! No matter the size of your contribution, it makes a difference in the lives of our participants.

We greatly appreciate the generous support of everyone in our community that gives what they can and keeps LTR flourishing.

We are up to 18 monthly contributors! From the bottom of our hearts, thank you to **Ken & Kathy Blaine**, **Roberta Saborsky**, **Michael and Christine Cummings**, **Susi Friedrich**, **Nancy Russell**, **R Scott Pollard**, **Ray & Gayle Pollard**, **Kathleen Giusti**, **Keegan Stone**, **Karen Rarick**, **Rosemarie Hamm**, **Carolyn Brandon**, **Chris Walton**, **Sheila Stevens**, **Scott Fuller**, **Laura Smith**, **Allan Leach**, **Alison Howard**

[Join the In Stride Society today](#)

Program Spotlight

TRAV Education Day • August 13th

We were honored to host the **Therapeutic Riding Association of Virginia (TRAV)** Annual Education Day. Over 30 people from Equine-assisted Services centers across the state of Virginia joined us in learning from 4 fabulous presenters. Thank you to the TRAV Board of Directors and all who joined us on that toasty warm day!



A very special thanks to these amazing presenters for sharing their time and expertise with us: **Catherine Wycoff, PT, DPT, GCFP, HPCS** who presented on Movement Optimization Tools for Riders with Neurological Issues; **Amy Stone**, LTR volunteer, participant, community advocate spoke to the ways centers can improve our participants through improved accessibility; **Dylan Beckner, LCSW** provided insight into supporting our students living with mental health challenges, and to wrap up the workshop, **Corliss Wallingford**, Executive Director at Simple Changes Therapeutic Riding shared their Equines for Elders programming and its impact.



Gnomeo Visits Middleburg Library

Gnomeo enjoyed his field trip to the End of Summer Reading Program Celebration at the Middleburg Library on Saturday, the 12th! He loved saying hello to all of his new friends and sharing LTR's mission!



Coming this Fall - Horsepower Social Hours!

90 minute sessions which combine hands-on farm and equine activities with a wellness theme that taps into the benefits of spending time with horses! Six-week series.

Please contact Kathy Blaine at kblaine@ltrf.org with questions and to get more information!



Volunteer Spotlight

Our next **NEW** volunteer training is coming up on **August 26th at 2 pm** - we will be covering how you can assist LTR in our therapeutic riding lessons as well as in our barn buddy program.

Immediately following at **4:15 pm** will be training for **New or Returning Volunteers** interested in our **fall Saturday only Hippotherapy sessions**. Please contact volunteer@ltrf.org for information and to sign up!

Not available for our August training, and still interested in volunteering?
Students needing service hours? We can always use some extra hands! Please reach out via the buttons below!

LTR Volunteer Program

LTR Volunteer Application

Upcoming Events/Save the Dates

Saturday, August 26 - 2 pm: Fall Volunteer Training

Sunday, September 17 - 2:00 pm - 5:00 pm: Heroes First Fair

Monday, September 18 - Fall Session Begins

Saturday, October 14 - 4:30 pm - 7:00 pm - Walk, Trot, Decanter

Saturday, October 28 - LTR's Ride-A-Thon Costume Trail Ride

Donate here

Thank you to our generous sponsors of the Secretariat Welcome Party, Boots & Bridles Barn Dance and Putt for Ponies!

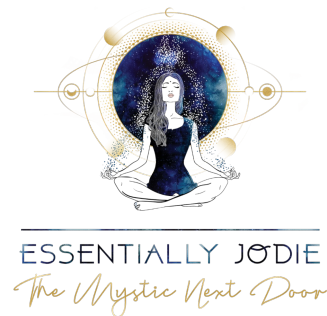


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Community Center



GREENHILL
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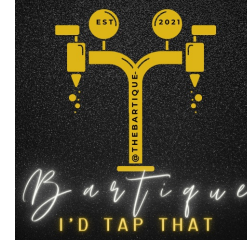
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