



HORSEPOWER

November 2023

Happy Thanksgiving!

*Even though I may not walk, it's such an effort for me to talk.
I may not look just like you, but I have feelings, desires and dreams too.
So will you stay by my side and walk along as I ride?
My pony gives so much to me, a joy I want the world to see.
I can't yet do on my own, I'm so glad you've come along.
As I ride I know you're there by my side because you care.*

-Kathy O'Daniel Coomer



We are so thankful for your giving!

We surpassed our Ride A Thon goal!

Thank you to everyone who made Ride A Thon an incredible success! Students had a wonderful time dancing with some friends from Beauty and the Beast, discovering a winter wonderland with Elsa and Olaf, passing Pride Rock and weaving through wildebeests, and helping Woody and Buzz find their lost friend!

If you have a loved one who participated in the ride or just want to see some really amazing photos of the day, you can access them below.

Special thanks to photographer and instructor Allison Duvall for creating a beautiful record of the day!

[View Ride A Thon Photos](#)



Black Friday, Cyber Monday, and don't forget Giving Tuesday!

GIVING TUESDAY

We are so excited to be participating in this year's Giving Tuesday, which will roll into our 2023 Annual Appeal. Next Tuesday, we are asking that you share a gift to provide essential support for our programs that so many students rely on.

As you're in the midst of your holiday shopping, please consider how impactful your gift can be to so many who benefit from our programs. Rider fees cover approximately 20% of our operating costs, so your donation is paramount to ensuring we can continue to provide the best lessons possible to our students. We do have a challenge gift of \$50,000 from multiple donors this year, so the impact of your gift will be doubled starting on Giving Tuesday all the way until December 31, 2023. [If you would like to give early, you can do so here!](#)



LTR 2024 Calendars Now Available for Order!

Order yours today!

Click Here



Celebrate the 50th anniversary of Loudoun Therapeutic Riding by ordering our 2024 calendar today!

Makes a great holiday gift!

Join us at the 2023 Christmas in Middleburg Parade!

We are extremely excited to announce that LTR will be participating in this year's Christmas in Middleburg Parade! We have participated in the past and will be bringing "Big Mama" (Mae West's big sister) along this year to welcome in the holiday season!

If you are interested in watching the festivities with other LTR folks, we will be gathering at Bruce Smith's office at 2 W Washington St in Middleburg at 2 PM on Saturday, December 2nd to watch the parade. Bring your family and enjoy the holiday fun!



IN STRIDE SOCIETY



Are you In Stride with LTR?

Join us *In Stride* by pledging a monthly recurring donation, and we take it from there! No matter the size of your contribution, it makes a difference in the lives of our participants.

We greatly appreciate the generous support of everyone in our community that gives what they can and keeps LTR flourishing.

We are up to 19 monthly contributors! From the bottom of our hearts, thank you to **Ken & Kathy Blaine, Roberta Saborsky, Michael and Christine Cummings, Susi Friedrich, Nancy Russell, R Scott Pollard, Ray & Gayle Pollard, Kathleen Giusti, Keegan Stone, Karen Rarick, James Rarick, Rosemarie Hamm, Carolyn Brandon, Chris**

[Join the In Stride Society today](#)

Program Spotlight

This fall LTR welcomed Cathy Coleman, a Speech-Language Pathologist, into the arena to treat her clients through Hippotherapy. Hippotherapy is incorporated as part of a patient's treatment plan. Each step of the horse has the potential to produce powerful neuromotor input that can help the patient improve their function and get closer to their treatment goal.

In this photo, Cathy is encouraging her patient to use her talking device to get Teddy to "go". Horses are a huge motivator to do things that a patient may not be inclined to do in an office setting. Go Teddy!! Welcome Cathy!

We also would like to remind everyone that signups for the Winter Session are open! Current students, please use the button below to sign up for the winter session if you haven't already!

[Winter Session Signups](#)



Volunteer Spotlight

(Calling all future Barn Buddies!)

We want to take some time during this season of gratitude to appreciate our Barn Buddies. Barn Buddies are a group of volunteers that work hard to make sure the barn is a clean place to be for our equine partners. They work in the evenings with staff to clean stalls, sweep aisles and perform other tasks that benefit the herd.





We are currently in need of Barn Buddy help, so if you or someone you know is looking for volunteer opportunities over the holiday season, please click one of the buttons below and submit your applications today!

Interested in volunteering? Students needing service hours? Special Events your thing? We can always use some extra hands! Please reach out via the buttons below!

[LTR Volunteer Program](#)

[LTR Volunteer Application](#)

Upcoming Events/Save the Dates

Monday, Nov. 20 - Saturday, Nov. 26 - Thanksgiving Break - No Lessons

Tuesday, November 28 - Giving Tuesday

Saturday, December 2 - **Christmas in Middleburg Parade** Click to learn more!

Sunday, December 31- Deadline to give to the annual appeal for the challenge gift



[Donate here](#)

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