



# HORSEPOWER

## September 2023

### Welcome Fall!

**"Is not this a true autumn day? Just the still melancholy that I love—that makes life and nature harmonize."**

**~ George Eliot**

At LTR we welcome the change of season with turning leaves, cooler days and many fall events to take in the beauty at our farm! Read about our **Heroes First Fair**, we invite you to help celebrate our riders with the annual **Ride-a-Thon**, and please join us for an evening of music and sunsets at **Walk, Trot, Decanter!**



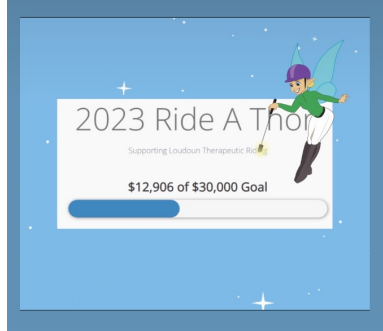
## Please join us for Walk, Trot, Decanter

October 14 from 4:30—7 pm

Join us to watch the sunset on a Saturday evening at the farm. Bring your friends and family to LTR with a picnic, lawn chairs and a blanket.

We welcome **Nashville Recording Artist Templeton Thompson** who is a talented horsewoman too! A "Hippie Chic Cowgirl", she's combined her love for horses with her passion for music, and we are SO looking forward to having her with us!

**Early bird \$20/carload fee by September 30th!** We will have wine available for purchase. Register for the event [here](#).



## Ride A Thon Update! Costume Ride October 28th!

We are just about halfway to our goal! Whoo hoo!

Help push us over the top to support our riders that make strides every time they partner with one of our wonderful horses!

Sponsor a current rider for \$150, or create a fundraising page using the button below to help spread the word in your community!

Our horses and human herd **THANK YOU** for keeping the magic happening at LTR each day!

Create your Page Here

Register to Ride



### Second Annual Heroes First Fair, Fun was had by all!

A HUGE thank you to all who supported and attended our second annual Heroes First Fair! We gathered, made new connections, enjoyed music and tasted yummy food!

LTR appreciated the following veteran support organizations and veteran owned businesses who joined us on the 17th, as well as **Claude Moore Community Builders**, who were so quick on the clean up!

- Loudoun County Community Veterans Engagement Board
- ECPI University
- Serving Together
- Beckner Counseling
- Boulder Crest Foundation
- Kitty Cat Coffee Club
- American Legion 2001
- Virginia Department of Veterans Services
- Northrop Grumman Corporation
- The Choice Group
- Lovettsville American Legion Post 1836
- Veterans Moving Forward
- Project Healing Waters Fly Fishing
- Loudoun Marine Corps League
- Loudoun County VFW Post 1177
- One Family Brewing
- Lovettsville Waterford Ruritans
- Zell's Kitchen Food Truck
- Ellinghaus Music



Photos by A. Duvall - 2023



# IN STRIDE SOCIETY



## Are you In Stride with LTR?

Join us *In Stride* by pledging a monthly recurring donation, and we take it from there! No matter the size of your contribution, it makes a difference in the lives of our participants.

We greatly appreciate the generous support of everyone in our community that gives what they can and keeps LTR flourishing.

We are up to 18 monthly contributors! From the bottom of our hearts, thank you to *Ken & Kathy Blaine, Roberta Saborsky, Michael and Christine Cummings, Susi Friedrich, Nancy Russell, R Scott Pollard, Ray & Gayle Pollard, Kathleen Giusti, Keegan Stone, Karen Rarick, Rosemarie Hamm, Carolyn Brandon, Chris Walton, Sheila Stevens, Scott Fuller, Laura Smith, Allan Leach, Alison Howard*

Join the In Stride Society today

## Program Spotlight



### Horsepower Social Hours

We welcome back our unmounted HPSH series for the fall!

Hands-on farm and horse activities with a wellness theme that taps into the benefits of spending time with horses.

Week 1: Grooming and Horse Circle Time - Friendship and Communication



Week 2: Pasture Walk and Talk - Mindfulness

Week 3: "Think Outside The Box" Horse Games - Partnership and Team building

Week 4: Art Project - Self Care

Week 5: Prepare to Welcome Your Herd

Week 6: Friends and Family Gathering

Questions? Reach out to [kblaine@ltrf.org](mailto:kblaine@ltrf.org)

## Volunteer Spotlight

**THANK YOU** to Loudoun County Economic Development for our August clean up! Volunteers painted run-in sheds, stained and sealed benches, and helped assemble ornaments for our "Giving Tree" fundraiser! The LTR farm is looking better than ever!



Interested in volunteering? Students needing service hours? Special Events your thing? We can always use some extra hands! Please reach out via the buttons below!

[LTR Volunteer Program](#)

[LTR Volunteer Application](#)

## Upcoming Events/Save the Dates

**Monday, September 18** - Fall Session Start

**Saturday, October 14 - 4:30 pm - 7:00 pm** - Walk, Trot, Decanter

**Saturday, October 28** - LTR's Ride-A-Thon Costume Trail Ride

[Donate here](#)

Thank you to our generous sponsors!

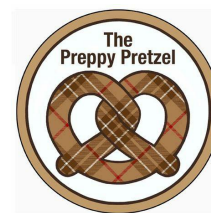




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